

**ATTACHMENT 1: COURAGEOUS HEART NARRATIVE**

Please provide a detailed narrative of the obstacles that you have, or are in the process of, overcoming. Please include how long you have been dealing with the obstacle, person(s) who has helped you through your situation, how has 4-H played a positive role in overcoming your obstacle, etc. This narrative should include details about family situations such as: care of family members, medical (personal or family), learning disabilities, family financial burdens, etc. The more complete the essay, the better the judges can evaluate your need.